

Adelaide Fringe Festival review 2016: Of Two Minds

February 17, 2016 9:00pm

The Advertiser

Of Two Minds

Theatre ***1/2

Bakehouse Theatre – Main Stage, until February 21

ANOTHER fine piece from SA's No Strings Attached Theatre of Disability, *Of Two Minds* delves into the hearts and minds of four women living with disability.

Program notes reveal that this honest, funny, brave work is the outcome of a short creative development.

Hopefully director Josephine Were and her performers have a chance to take it further.

That said, *Of Two Minds* is a small gem in its current 40-minute format, with wonderful sound and music, cool, minimalist design, smart props and a clever concept.

The actors use direct speech and prerecorded voiceover to give the audience a glimpse into their lives and what's bubbling below the surface.

They work individually and in groups, moving in and out of the spotlight, with self-possession and presence. It's an impressive achievement.

- LOUISE NUNN